

My Favourite Sport



- My favourite sport is swimming.
- It is good exercise and keeps me fit.
- I love doing flips and diving to the bottom of the pool. It thrills me to leap into the water with a big splash.
- I enjoy swimming and playing in the water along with my friends.
- Swimming keeps me active, strong and stress-free.
- It builds my muscles, strengthens my legs and keeps my heart and lungs healthy.
- It is a life-saving skill and helps survive drowning.
- I love doing backstroke and floating on the water.
- I enjoy doing freestyle and butterfly strokes while swimming.
- It is a popular Olympic sport and a great physical activity to cool off on a hot day. I love swimming.